

## My Lenten Covenant/Promise

I commit to a daily spiritual practice every day of Lent 2019.

**1) Opening my Heart**

*God of call, God of transformation,*

*God of the Lenten journey;*

*help us to discern your still, small voice.*

*Open us to change and growth*

*that we may walk with Christ. In Jesus' name. Amen.*

**2) I will read;** a gospel text per day (<https://biblesociety.ca/daily-bible-reading>).

**3) I will pray;** for my concerns and those of my faith community, my neighbours and the wider world.

Cut and place in offering plate or contact the office administrator.

NAME: Please print \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Tel. number \_\_\_\_\_

I would like to be a part of the online community group

Signature \_\_\_\_\_

